



Supported Living For Adults With Learning Disabilities, Autism and Mental Health



Why choose Kitec Supported Living?

We specialise in working with individuals who may have a range of complex needs including, mental health, learning disabilities, behaviours that may challenge, multiple placement breakdowns and/or problems with social integration.

Our Supported Living provision is 'outcome focused' with the aim of improved independence and social inclusion.

We adopt a person centered approach whereby the personal needs and goals of the service user are at the centre of their care and support.

This approach is very deliberate as it draws on both evidence and experience, it focuses on coordinated, personalised, and enabling care.

Kitec Supported Living offers safe and secure 24 hour shared Supported Living for people over the age of 18 who are coming out of residential homes, schools for specific purposes, have aging parents or other services that may struggle to meet their needs.

Person Centred Approaches

- The use of assistive technology
- Non restrictive practice
- Person-Centred care staff
- Bespoke environments
- Self advocacy and inclusion in support planning
- Individualised support plan and narratives.



Starting the journey to Independent Living

We work in partnership with Local Authorities and Social Services to provide a pathway for adults who are seeking to live independently.

Our aim is to help transition people to independent living close to home within their communities. Kitec Supported Living provides encouragement, care and support to all people— regardless of colour, ethnicity, national origin, language, race, religion, age, disability, gender, sexual orientation and socioeconomic standing, We offer a culturally competent service and provide support for an increasingly diverse community.

The transitional pathway helps individuals to find a new home, be matched to potential new house mates, be actively involved in the recruitment of their new care staff and offers support to transition to a life of independence with the assistance of their Circle of Support, Kitec Supported Living and Healthcare Professionals.





Our Support

- A Registered Manager.
- A Team Leader to manage each house.
- All staff are trained or actively achieving recognised national training qualifications in Health and Social Care
- Person Centred Positive Behaviour Support.
- Flexible Care and Support Planning.
- Support to have and maintain meaningful relationships.
- Dignity in personal care.
- Sensory Impairment Support.
- Everyday living skills such as cooking, cleaning and shopping.
- Supporting people with their preferred method of communication.
- Practical implementation and fluid and nutritional support
- Direct access to translation services
- Referrals and signposting to appropriate agencies.
- Safe and secure temporary and long-term supported accommodation.
- Support to integrate into their communities
- Access to services within the community; gym, social activities and more.

Our Approach

Our approach is holistic, yet systematic for positive outcomes for each individual who comes to live with us. Our staff are trained to support in ways which include addressing relational, spiritual, emotional, body image and health issues. The right environment coupled with the right care and the right stimulation can transform people's lives, helping them to feel happier and more fulfilled.

People who are placed in our homes are able to receive individualised Person Centred Support. Some people often feel misunderstood by family and friends, isolated, afraid, hopeless, angry, abandoned, or unhappy and we aim for our residents to have a sense of belonging, happiness, relief from anxiety and have a great sense of hope.

All our homes specialise in supported living for people with health, mental, emotional and behavioural needs including;

- [Learning Disabilities](#)
- [Epilepsy](#)
- [Autism](#)
- [Mental Health](#)
- [Emotional and Behavioural Needs](#)
- [Behaviours described as Challenging](#)
- [Self-Harming Behaviours](#)

We make sure our homes are expertly managed, we deal with emergencies and organise social activities, so that the service users can concentrate on learning independent living skills.

Safe and Secure

We understand how important safety and security is to our residents and we offer extra reassurance to make life stress-free. Our homes are secure and are only accessible to residents, staff and authorised visitors. We employ a fully qualified registered manager and skilled care staff so that residents have a friendly face who can answer their questions and support them in their life journey.

Our Homes

- Our homes are newly decorated, well equipped and the resources are continually reviewed and expanded to maintain a high standard.
- Each has its own Ensuite bathroom or shared bathrooms and thoughtfully decorated and furnished, this includes a wardrobe, chest of drawers and a bed.
- There is a fully equipped kitchen and dining table providing a comfortable environment for that important interaction around mealtimes.
- The homes all have a main lounge for relaxing and watching Netflix and a large well presented garden space.
- Each home offer a relaxed lifestyle, peace of mind and comfortable living.
- They are designed with independent living in mind, with privacy and the added advantage of specialist supportive services that all service users are encouraged to attend and take part in.
- There is a wide choice of entertaining activities and day trips on offer, so service users can be certain of meeting new friends.

Admission and Referrals

Placements with our service are commissioned by Clinical Commissioning Groups (CCG), Local Authorities and/or Education Authorities.

We are always happy to show people around, so come and have a look and see what you think. There is no pressure to decide straight away, and we aim to answer as many questions as you want to ask.

Get in touch with us

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